



VAN NUYS EDUCARE PRESENTS

# STRENGTH & CONDITIONING

COME GET YOUR WORKOUT IN  
STARTS FEBRUARY 1ST

**FREE TO ALL STUDENTS GRADES  
9-12**

WE ARE MEETING VIA ZOOM 962-090-3028  
PLEASE TURN IN A REGISTRATION FORM BEFORE  
ATTENDING:  
MONDAYS: 2-4 PM  
TUESDAY-FRIDAY 3-5 PM

